



# Parent Guide

## How can I use this with my children?

Follow these craft instructions together to upcycle your old clothes into something new!

## How does this help my children's learning?

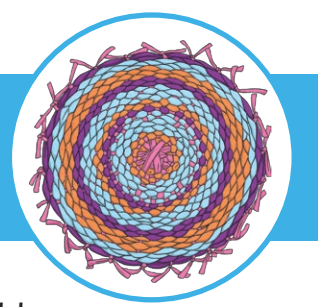
This activity encourages your child to learn about recycling and upcycling in a creative way.

## Ideas for further learning:

What else can your child create using old clothes?



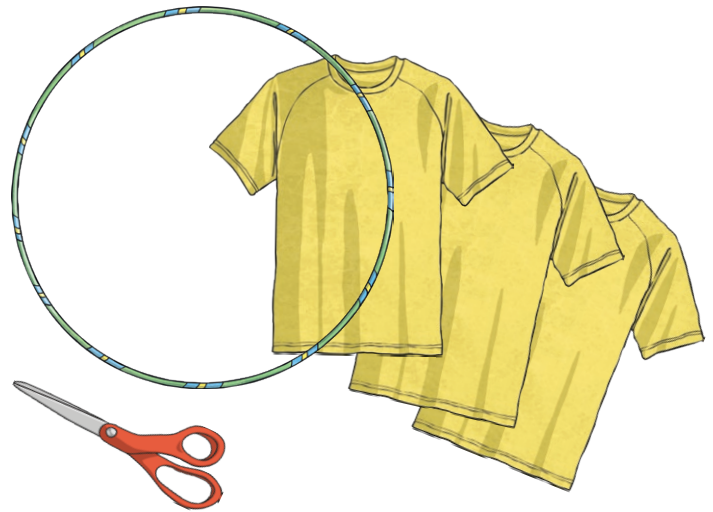
# Recycled Rag Rug



This is a really fun and creative way to recycle old clothes with your child. You can make a beautiful room accessory while learning about recycling!

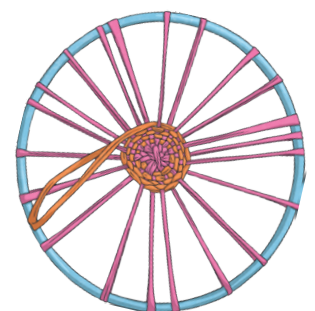
## You will need:

- A large hoop
- Lots of old shirts and T-shirts
- Sharp scissors



## Instructions:

1. Begin by cutting your old clothes into strips ready to be weaved. For the T-shirts, cut horizontally across the width (these pieces will be used to make the frame of your weave).
2. Take 11 strips cut from the T-shirts. Stretch the first strip across the hoop. Turn the hoop slightly and then place the next strip on. Do this until you have placed all 11 strips on the hoop.
3. Now begin weaving. Take your first strip of fabric and wrap it around one of the warps (the spokes) at the centre of the circle.
4. Weave over and under each of the spokes in a circle, making sure they fit snugly together.
5. Once you come to the end of your strip of fabric, attach another one by tying them together. Continue spreading the fabric around the circle. Do not weave the fabric too tightly as this can cause curves and bumps preventing it from sitting flat on the floor.
6. When your rug reaches the size you want it to be, simply tie the fabric strip to the nearest spoke.
7. Then, cut each warp off the hoop, one at a time, and tie the ends in pairs against the rug. You can leave the ties on display to create a tasselled look or trim the ends and tuck them into the rug.



We hope the information on our website and resource is useful. However, some ingredients and/or materials used might cause allergic reactions, so if you have any concerns about your own or somebody else's health or wellbeing, always speak to a qualified health professional. Remember, activities listed within the resource should always be supervised by an appropriate adult.

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